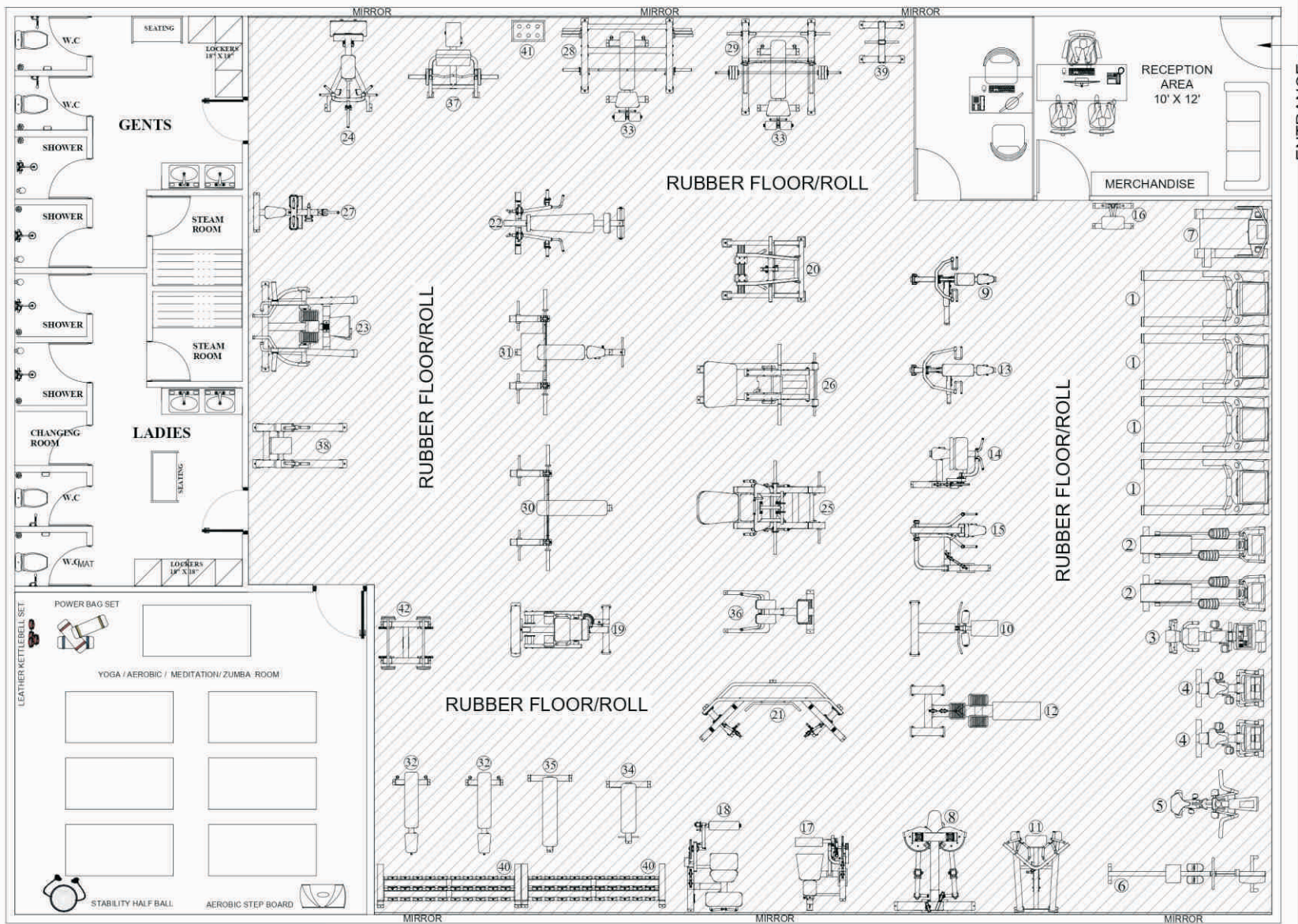


BEING STRONG GYM FLOOR DESIGN
3500 SQFT

BEING STRONGTM
FITNESS EQUIPMENT



DESCRIPTION:

CARDIO

SR. NO.	MACHINE NAME	QTY.
1	TREADMILL	4 NOS
2	ELLIPTICAL	2 NOS
3	RECLUMBENT BIKE	1 NO
4	UPRIGHT BIKE	2 NOS
5	AIR BIKE	1 NOS
6	AIR ROWER	1 NOS
7	MY MOUNTAIN	1 NO

STRENGTH

SR. NO.	MACHINE NAME	QTY.
8	PEC FLY/REAR DELT	1 NO
9	VERTICAL CHEST PRESS	1 NO
10	LAT PULL DOWN WITH DUAL PULLEY	1 NO
11	ASSISTED DIP CHIN	1 NO
12	LONG PULL ROW	1 NO
13	OVERHEAD PRESS	1 NO
14	BICEP CURL	1 NO
15	SEATED TRICEP DIP	1 NO
16	WRIST CURL	1 NO
17	LEG EXTENSION	1 NO
18	PRONE LEG CURL	1 NO
19	ADDUCTOR/ABDUCTOR COMBO	1 NO
20	STANDING CALF	1 NO
21	MULTI FUNCTIONAL STATION	1 NO
22	DUAL AXIS DECLINE BENCH	1 NO
23	ISOLATERAL ROW	1 NO
24	INCLINE T-BAR	1 NO
25	45° LEG PRESS	1 NO
26	POWER SQUAT	1 NO
27	SEATED CALF	1 NO
28	SMITH MACHINE COUNTER BALANCED	1 NO
29	HALF RACK	1 NO
30	OLYMPIC FLAT BENCH	1 NO
31	OLYMPIC INCLINE BENCH	1 NO
32	SUPER BENCH	2 NOS
33	DELUXE SUPER BENCH	2 NOS
34	UTILITY BENCH	1 NO
35	WORK BENCH	1 NO
36	BACK EXTENSION	1 NO
37	PREACHER CURL BENCH	1 NO
38	VERTICAL KNEE UP	1 NO
39	VERTICAL PLATE TREE	1 NO
40	DUMBBELL RACK TWIN TIER	2 NOS
41	BARBELL RACK	1 NO
42	BEAUTYBELL RACK	1 NO

BRAND:- BEING STRONG

COMPANY NAME:-
JERAI FITNESS PVT.LTD

TITLE:-

GYM LAYOUT

CLIENT NAME:

GYM NAME:

LOCATION: N.T.S

AREA: 3500 SQ FT

DRN BY: N.T.S

REV DWG NO: 00

NORTH
SIGN :-

DRN BY:- AMOL M.

DATE:- 05.08.2021

CHK BY:-
DATE:-

