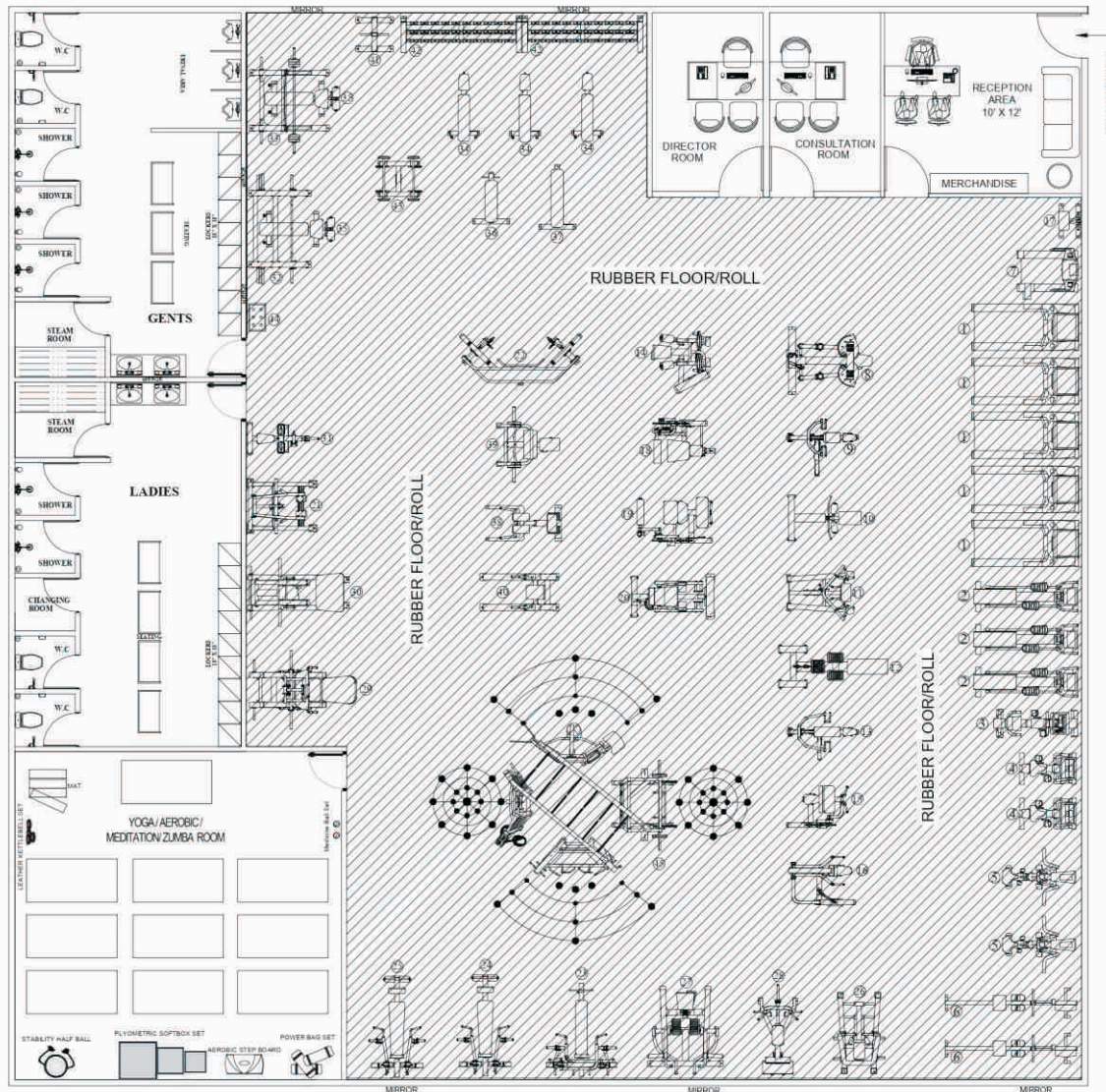


BEING STRONG GYM FLOOR DESIGN
5000 SQFT

BEING STRONGTM
FITNESS EQUIPMENT



DESCRIPTION:

CARDIO

SR. NO	MACHINE NAME	QTY.
1	TREADMILL	5 NOS.
2	ELLIPTICAL	3 NOS.
3	RECUMBENT BIKE	1 NO.
4	UPRIGHT BIKE	2 NOS.
5	AIR BIKE	2 NOS.
6	AIR ROWER	2 NOS.
7	MY MOUNTAIN	1 NO.

STRENGTH

SR. NO.	MACHINE NAME	QTY
8	PEC FLY/REAR DELT	1NO
9	VERTICAL CHEST PRESS	1NO
10	LAT PULL DOWN WITH DUAL PULLEY	1NO
11	ASSISTED DIP CHIN	1NO
12	LONG PULL ROW	1NO
13	OVERHEAD PRESS	1NO
14	LATERAL RAISE	1NO
15	BICEP CURL	1NO
16	SEATED TRICEP DIP	1NO
17	WRIST CURL	1NO
18	LEG EXTENSION	1NO
19	PRONE LEG CURL	1NO
20	ADDUCTOR/ABDUCTOR COMBO	1NO
21	STANDING CALF	1NO
22	MULTI FUNCTIONAL STATION	1NO
23	DUAL AXIS FLAT BENCH	1NO
24	DUAL AXIS DECLINE BENCH	1NO
25	DUAL AXIS INCLINE BENCH	1NO
26	REVERSE FRONT LAT PULL DOWN	1NO
27	ISOLATERAL ROW	1NO
28	INCLINE T-BAR	1NO
29	45° LEG PRESS	1NO
30	POWER SQUAT	1NO
31	SEATED CALF	1NO
32	SMITH MACHINE COUNTER BALANCED	1NO
33	HALF RACK	1NO
34	SUPER BENCH	3 NOS
35	DELUXE SUPER BENCH	2 NOS
36	UTILITY BENCH	1NO
37	WORK BENCH	1NO
38	BACK EXTENSION	1NO
39	PREACHER CURL BENCH	1NO
40	VERTICAL KNEE UP	1NO
41	VERTICAL PLATE TREE	1NO
42	DUMBBELL RACK TWIN TIER	2 NOS
43	BEAUTYBELL RACK	1NO
44	BARBELL RACK	1NO

JX-FIT

SR. NO.	MACHINE NAME	QTY
45	SHAPE O	1NO

BRAND: **BEING STRONG**

COMPANY NAME:-
JERAI FITNESS PVT.LTD

TITLE:-

GYM LAYOUT

CLIENT NAME:

GYM NAME:

LOCATION: N.T.S

AREA: 5000 SQ FT

DRN BY: N.T.S

REV DWG NO: 00

NORTH
SIGN :

DRN BY:- AMOL M.

DATE:- 04.08.2021

CHK BY:-
DATE:-

